



ROAD BIKING HOLIDAYS IN CHAMONIX

Road biking in France is a national institution! The country is obsessed – and proud – of its yellow jersey wearing cycling heritage, and here in Chamonix, we're surrounded by the **cream of France's most beautiful hill climbs**.

The Col de Columbiere, Petit St Bernard, Galibier, and the most famous of all, Alpe d'Huez, are relentless climbs that strike fear in even the most hardened cyclist's hearts. But climbs to inspire and challenge you. The pure satisfaction of getting to the top, **heart pumping**, legs grinding, and endorphins flowing, before getting to enjoy what it's really all about: the **descents!** Wind whistling past your ears, sweeping round bends, pulse racing, adrenalin charging round your body ... making all that hard climbing oh so worth it.

At Adventure Base, we're **passionate** about road biking and are here to help you enjoy the best bike trip imaginable. It's not all about climbing the biggest cols and enduring the longest rides. The cycling around the valley is accessible to anyone. We can help you plan routes to suit different abilities.

Either choose an independent trip and stay in one of our **'bike suitable'** self catered properties, and opt in or out of our extra services such as **vehicle support**, post ride massages, and in house catering. Or enjoy one of our dedicated road biking weeks and come and join a crew of like minded lycra clad cycling enthusiasts, for a week of **supported riding** around the Alps. Our dedicated weeks include some of the best cycling around, and are timed so you have the option of finishing your stay with one of France's famous **'Cycloportifs'** ... or the more relaxing choice: watching the **Tour de France**.

Whether you're **training hard** or competing in an event in the Alps (see www.cycloport.org for ideas!), or looking to enjoy a more **leisurely road biking holiday**, we're here to help. In addition to Chamonix based holidays, we can help with bike trips further afield, such as the **Tour de Mont Blanc** - 3 countries, 3 days, 3 seriously big cols! Or the famous, and stunning, **Route Napoleon**: over 600km from Geneva to Nice, following the spine of the Alps.

Here at Adventure Base we specialise in providing **totally flexible breaks**. All our chalets are geared towards biking weeks, with plenty of storage space for all the necessary equipment. We can provide you with all the information you need to get the most out of your holiday. In addition we can add on any **extras** that might just perfect the week, such as **support driving**, in house **catering**, maybe a full body sports **massage** ...

PRICES & DATES:

Accommodation: Chalet or Apartment accommodation, starting from just €20 pp / night. See <http://www.adventurebase.com/sun/accommodation>

Dates: Any – from mid May to mid Sept. Any number of nights.

Bike hire: From 25 € per day

Support driving: Half day 120€, full day 200€ (for up to 5 riders)

Airport transfers: €60 pp return to Geneva

Catering: <http://www.adventurebase.com/snow/services/catered>

